Need Legal Help or Information?

There are people in the Capital Region that provide free or low cost legal services to low-income individuals.

This flier has information about non-profits who may be able to help with your civil (non-criminal) legal problem(s). Before you call for assistance, gather all of the information/documents related to your problem and be ready to talk about your finances and legal problem(s). Even if the organization cannot assign a lawyer to your case, many will provide you with legal information and/or refer you to another organization which may be able to help.

Some nonprofits help with specific types of cases

Family and children's issues *(e.g. special education, divorce, visitation, child support)*

- Albany County Bar Association | 518-445-7691
- Legal Aid Society of Northeastern New York | 518-462-6765
- The Legal Project | 518-435-1770

Employment *(e.g. not getting paid, discrimination, worker's compensation; unemployment insurance)*

- Albany County Bar Association | 518-445-7691
- Legal Aid Society of Northeastern New York | 518-462-6765

Housing *(e.g. mortgage, problems with landlord, utilities shut-offs foreclosure, eviction)*

- Albany County Bar Association | 518-445-7691
- Legal Aid Society of Northeastern New York | 518-462-6765
- The Legal Project | 518-435-1770

Immigration *(e.g. getting a visa, changing status, removal defense)*

- Albany Law School's Family Violence Clinic | 518-445-2328
- Legal Aid Society of Northeastern New York | 518-462-6765
- The Legal Project | 518-435-1770

Public assistance *(e.g. temporary grants for food, rent, or utilities; long term assistance for people who cannot work; medical assistance)*

- Legal Aid Society of Northeastern New York | 518-462-6765

Other financial issues *(e.g. bankruptcy, collections, tax help)*

- Albany Law School's Tax and Transaction Clinic | 518-445-2328
- Legal Aid Society of Northeastern New York | 518-462-6765
- The Legal Project | 518-435-1770

Some nonprofits give general legal help to special groups of people

Lesbian, gay, bisexual, and transgender people

- Albany County Bar Association | 518-445-7691
- Legal Aid Society of Northeastern New York | 518-462-6765
- The Legal Project | 518-435-1770

Seniors (people 55 years old or better)

- Albany Law School's Pro Bono Program | 518-445-2304
- Legal Aid Society of Northeastern New York | 518-462-6765

Inmates or people on parole/post-release supervision

- Prisoners' Legal Services of New York | 518-445-6050

People recovering from addiction

- Albany County Bar Association | 518-445-7691

People living with disabilities

- Albany Law School's Civil Rights and Disability Clinic
- Legal Aid Society of Northeastern New York | 518-462-6765
- Albany Law School's Health Law Clinic

Survivors of domestic violence

- Albany County Bar Association | 518-445-7691
- Albany Law School's Family Violence Clinic | 518-445-2328
- Legal Aid of Northeastern New York | 518-462-6765
- The Legal Project | 518-435-1770

Service members and Veterans

- Albany Law School's Pro Bono Program | 518-445-2304
- Legal Aid of Northeastern New York | 518-462-6765
- The Legal Project | 518-435-1770

If an above agency was not able to assist you, or if you have a problem not listed above, please contact one of the following: the Albany County Bar Association's Lawyer Referral Service at 518-445-7691 - for cases in Albany County; the New York State Bar Association's Lawyer Referral Information Service at 800-342-3661, or Lawhelpny.org for a list of legal service agencies throughout New York State.