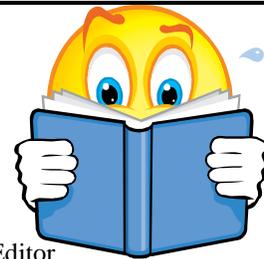


# Menands Senior Scoop

Menands Senior Citizen Club  
Since 1973  
21 ½ N. Lyons Ave.  
Thursday meetings, 10am – 3pm  
MARCH 2012



Diane Leonard, Editor

## HAPPY SPRING, BLESSED LENT AND PASSOVER, AND HAPPY EASTER.

Congratulations to the winners of the Village elections; Lisa Proskin, Village Justice and Aileen Nicoll, Village Trustee. May you have many rewarding years of service to our community. Thank You.

## APRIL BIRTHDAYS

Josephine Wells	4/3
Kay Suriano	4/5
John Kilmartin	4/6
Sher Mc Cauley	4/8
Helen Lynch	4/12
Mike Michela	4/14
Marge Wright	4/15
Marge Riedy	4/19
Jean Kinnicutt`	4/20
Kay Perfetti	4/22
Gloria Clark	4/23
Shirley Marchand	4/24

## APRIL DESSERTS

4/5 PIZZA

4/12 Theresa Lazzaro and Jo Wells

4/19 Sheila Hyatt and Jean Bardin

4/26 Birthday Cake

## IMPORTANT DATES TO REMEMBER

MARCH 29, 2012, is the annual KFC membership luncheon. Entertainment is by the Watervliet “Cannonaires,” under the direction of maestro, Paul Lamar.

APRIL 16, 2012, we are honoring Jean Bardin, as our “Volunteer of the Year,” at this year’s Colonie Senior Service Center’s Volunteer Recognition Dinner. Jean, has served the Village of Menands Senior Citizen Club for many years; formerly as Vice President and currently as Treasurer.

Both of these offices are demanding and require much time with great attention to detail.

We love you Jean and thank you for all you do.

JUNE 21, 2012, is our annual picnic in the park. Caterer will be Poppy’s Place.

Entertainment will be Paul Slusol.

This year, we have a special guest; Chief Mike O’Brien, is coming to speak on “Senior Safety.”

## TRIPS

APRIL 22, 2012, we are having brunch buffet at “THE BARNSIDER,” in Colonie. Afterward, we will go to PROCTORS THEATER, Schenectady, NY, for “MEMPHIS.”

“MEMPHIS,” is set in places where rock and roll was born in the 1950s: the seedy nightclubs, radio stations and recording studios of the musically-rich Tennessee city. With an original score, it tells the fictional story of DJ Huey Calhoun, a good ole’ local boy with a passion for R&B music and Felicia Farrell, an up-and-coming Black Singer that he meets one fateful night on Beale Street. Despite the objections of their loved ones (Huey’s close-minded mama and Felicia’s cautious brother, a club owner), they embark on a dangerous affair. As their

careers rise, the relationship is challenged by personal ambition and the pressures of an outside world unable to accept their love. Total cost of trip is \$87.

**MAY 15, 2012**, we are going to tour and eat lunch at **THE CULINARY INSTITUTE OF AMERICA'S, "Ristorante Caterina de' Medici Restaurant"**

**MENU**

**Minestrone di Vegetali**

Vegetable Minestrone with Greens

**Gran Misto Pasta:**

(Choose a Combination of Two or Three Pastas) Lasagna, Ravioli, Penne or Risotto

**Tiramisu Classico**

Mascarpone Cream Layered with Lady Fingers soaked in Coffee

After lunch we will tour the

**VANDERBILT MANSION, Hyde Park, NY.** Cost of Trip is \$45.

**JUNE 29, 2012**, we are going to **WESTCHESTER DINNER THEATER**, Westchester, NY. We will see the musical **"GEORGE M!"** and have a delicious meal served at our table (featuring salad, rolls, your choice from six entrees, dessert and coffee or hot tea)- All in a comfortable atmosphere where every seat is a good one. **GEORGE M!** is a Broadway musical based on the life of George M. Cohan, the biggest Broadway star of his day who was known as "The Man Who Owned Broadway." The story covers the period from the late 1880's until 1937 and focuses on Cohan's life and show business career from his early days in vaudeville with his parents and sister to his later success as a Broadway singer, dancer, composer, lyricist, theatre director and producer. The show includes such Cohan hit songs as "Give My Regards To Broadway," "You're a Grand Old Flag," and "Yankee Doodle Dandy." Cost of trip is \$55.

**JULY 17, 2012**, we will be going to the **ALBANY BARGE** for dinner and then to

**WASHINGTON PARK PLAYHOUSE** to see **"CABARET"**. More details to follow.

**AUGUST 8, 2012**, we are going the **LAKE GEORGE DINNER THEATRE** to see **"THE LOVE LIST."**

A side splitting new comedy, Leon and Bill concoct a list of attributes that their ideal woman would possess. When their "ideal woman" suddenly arrives at Bill's door, the men quickly learn that the old adage, "be careful what you wish for" is especially true when it comes to affairs of the heart.

Lunch will be served sit-down style with a choice of PORK TENDERLOIN with Country Mustard Demi-Glaze, MEDALLIONS OF BEEF WITH A Bearnaise Sauce, BROILED SALMON with a Creamy Dill Sauce or VEGETARIAN PASTA (with vegetables, three cheeses & marinara sauce). All entrees include salad, rolls, vegetables, dessert and coffee, tea, or decaf. Cost of trip is \$50.

**CHINESE FORTUNE**

Don't be pushed by your problems. Be led by your dreams.

**NINE POINTS OF THE LAW**

*(the ideal requirements of a successful legal case or trial: from Dictionary of Phrase and Fable, E. Cobham Brewer, 1894)*

A good deal of money  
A good deal of patience  
A good cause  
A good lawyer  
A good counsel  
Good witnesses  
A good jury  
A good judge  
Good luck

*The Order of Things* by Barbara Ann Kipfer, Ph.D.

**STRESS TEST**

Warm hands indicate relaxation. Cool hands indicate tension.

*Rules of Thumb* by Tom Parker