



Menands Senior Scoop



Menands Senior Citizen Club

Since 1973

21 ½ N. Lyons Avenue

Thursdays, 9am-3pm

JANUARY 2017

Diane Leonard, President, Debbie Teitsch, Vice President, Sheila Hyatt, Secretary, Dawn Primett, Treasurer

FEBRUARY IS

American Heart Month

Black History Month

National Children's Dental Health Month

National Cherry Month

Narional Bird Feeding Month

National Library Month

Great American Pie Month

DATES TO REMEMBER:

2/14 Saint Valentine's Day

2/20 President's Day

FEBRUARY BIRTHDAYS

Roseanne Antoniak, 2/25

Virginia Camoli, 2/4

Marion Hitchcock, 2/1

Ann Marie (Sissy) Horowitz, 2/16

Robert Kuryluk, 2/19

Donna Peirce, 2/9

Wally Potter, 2/12

June Secor, 2/13

Joseph Sumigray 2/19

Sincere apologies, for any missed Birthdays. If we incorrectly reported your Birthday, please let us know. We can correct our records.

FEBRUARY DESSERTS

February 2, Pizza,

February 8,

February 16

February, 23 Birthday Cake,

GREETING CARDS SENT

Sympathy: Helen Ashline

Get Well: Marilyn Nash

Theresa Lazzaro

To have a card sent to someone, please notify,

Theresa, Lazzaro, Sunshine, 783-5822.

PEASE PAY YOUR \$5 MEMBERSHIP DUES.

They are being collected every Thursday, at Bethany Hall or you can mail them to Debbie

Teitsch, 3 Cornell Drive, Menands, NY 12204.

Be sure to receive your 2017, membership card.

THANK YOU, Chris Cary, Director of CSRC, for installing our 2017 officers, 12/22/2016.

TRIPS

MARCH 11, 2017, Saturday, ride **THE TROLLEY** in the **Albany St. Patrick's Day Parade**. After the parade everyone, even non trolley riders, are invited to the Menands Fire Hall. Enjoy a Corned Beef and Cabbage Dinner, Irish Step Dancing and dancing to the band "Shut-up and Dance." All for the senior cost of \$11. Please reserve your seat, on the Trolley, the ride is Free!!

APRIL 18, 2017, MARK TWAIN AND HARRIET BEECHER STOWE houses, Hartford, CT. Lunch at "**The Chowder Pot.**" Cost of trip \$54/64.

MAY 22-24, 2017 (Monday-Wednesday): we are planning a trip to **NEWPORT & BLOCK ISLAND, RHODE ISLAND.**

Tour Includes:

*Roundtrip Transportation

*Hotel Accomodations for TWO Nights
Holiday Inn Express, Middletown, RI

*Baggage Handling

*2 Mansion Tours in Newport: The Breakers and The Marble House

*Block Island Tour: Ferry Ride Roundtrip, 30 minute Island Tour and Lunch at the National Hotel.

*Foxwoods Casino with Casino Bonus

*1 Dinner

*2 Full Breakfasts at the Hotel

Price person: \$360. Double occupancy, \$460.

Single occupancy

Insurance Available.

JUNE 20, 2017, GEORGE EASTMAN MUSEUM, Rochester NY. We will have lunch at the Genesee Brew House. Cost \$30/40

JULY 18, 2017, WHALE WATCH, Newburyport, MA. Lunch at Michael's Harborside Restaurant and Bar, Newburyport, MA. Cost \$60/70.

AUGUST 22, 2017, THE BRONX ZOO, Bronx, NY. This trip requires walking. It is not a guided tour. View the exhibits at your own pace. Bring along a snack or bagged lunch. We will stop at the **Suburban Diner**, Passaic, NJ on our way home. Cost of trip, transportation and admission to the zoo, only \$20.

October 11-13, 2017 (Wednesday-Friday): AMISH TOUR, Lancaster, PA.

Tour Includes:

*Roundtrip Transportation

*Hotel Accommodations for TWO Nights
Country Inn, Lancaster, PA

*Baggage Handling

Kitchen Kettle Village

Full Day Farmlands Tour with Tour Guide with a stop in an Amish Home, Anna and her children will entertain you and you will have a little snack before departing.

*Show Tickets for the performance of "JONAH," at the Sight and Sound Theater

*2 dinners (1 dinner right in a REAL Amish Home-Ruth's Home and 1 Dinner served Family Style)

*2 Full Breakfasts at the Hotel

*Shopping Time at the Outlets: Choice of the Rockvale Outlets OR Tanger Outlets

*Lunch at Miller's Smorgasbord

Price per person: \$410. Double occupancy,
\$530. Single Occupancy.

Insurance Available

November 29, 2017, TRIP TO NYC, will be up to your own discretion. Shop, Dine, Visit a Museum, See a Play, The Christmas Tree will be up in Rockefeller Center. If interested in the Christmas Show with the Rockettes, we will get tickets. There is no place like NYC at Christmastime. Cost \$10.

BEST HOUSEHOLD ADVICE IN A LONG TIME!!

Store your opened chunks of cheese in aluminum foil. It will stay fresh much longer and not mold.

Peppers with three bumps on the bottom are sweeter and better for eating.

Peppers with 4 bumps on the bottom are firmer and better for cooking.

Add a teaspoon of water when frying ground beef. It will help pull the grease away from the meat while cooking.

To really make scrambles eggs or omelets rich add a couple of spoonfuls of sour cream, cream cheese or heavy cream in and then beat them up.

For a cool brownie treat, make brownies as directed. Melt Andes mints in double boiler and pour over warm brownies. Let it set for a wonderful minty frosting.

Add garlic immediately to a recipe if you want a light taste of garlic and at the end of the recipe if you want a stronger taste of garlic..

Leftover Snickers bars from Halloween make a delicious dessert. Simply chop them up with the food chopper. Peel, core and slice a few apples. Bake 350 for 15 minutes!!! Serve alone or with vanilla ice cream. Yummm!

Thanks to Pat Payne for submitting.

THAT'S ALL FOLKS!!!