



Menands Senior Scoop

Menands Senior Citizens

Since 1973

21 1/2 N. Lyons Avenue

Thursdays, 9am-3pm

NOVEMBER 2019



Diane Leonard, President, Debbie Teitsch, Vice President, Sheila Hyatt, Secretary, Dawn Primett, Treasurer

MEMBERSHIP

Anyone age 55+ can join our Club. Dues are \$5, good for one-year January 1 to December 31. Checks for MENANDS SENIORS are accepted Thursdays, 10:30am -1:00pm, at Bethany Fellowship Hall. If you need to mail your dues, mail them to Debbie Teitsch, 3 Cornell Drive, Menands, NY 12204. In order to receive your 2020 membership card, you need to come to the Fellowship Hall, or please enclose a self-addressed stamped envelope with your check.

WELCOME NEW MEMBERS: Angela Schissler, Suzanne Petty, Ellen Rupert, Patricia Mirza, Marian Corbett, Julie Carroll, Janet Mattox, Kathleen Eaton

DECEMBER BIRTHDAYS

William Burniche, 17	Paul Cooney, 23
Carol Cowl, 18	Cathy Ellrott, 12
William Fisher, 24	Ona Gebhardt, 28
Judy Gorman, 24	Ann MacMurray, 14
Michael Magguilli, 21	Linda Malloy, 22
Lorna McCartan, 17	Ann Moynihan, 8
Joseph Nicpon, 4	Colleen Pickett, 19
Liz Potenza, 8	Mary Potenza, 13
Joseph Powers, 21	Bev Russomanno, 1
Peggy Ryan, 24	MaryLou Smith, 1
Holly Stah, 2	Pat Gianni, 11

GREETING CARDS SENT

Sympathy: Norma Baisden for her sister.

Get Well: Rose Antoniak and Mary Johnson.

DATES TO REMEMBER:

December 7, Our Senior Christmas Party

December 7, Pearl Harbor Day

December 19, Our Meeting Day

December 22, First Day of Winter

December 23, Hanukkah Begins

December 25, Christmas Day

December 31, New Year's Eve

2019 CHRISTMAS PARTY

Saturday, December 7, 2019, 1:00pm-3:30pm.

Menands Fire Hall, 250 Broadway, Menands. Roast Pork or Roast Chicken Dinner with all the trimmings

will be prepared and served by Menands Fire Company and Auxiliary. There will be a \$10 Grab bag. Music by Paul Slusar. Paid reservations with your meal choice can be made at any Thursday gathering or call Sheila Hyatt, 518 436-8839 or Debbie Teitsch 518-487-4583, by Nov. 24. All are welcome!! Cost is \$20.

CHAIR YOGA

Brought to us on the first and second Thursdays of each month by Genii Rutherford. We've had a great response and look forward to seeing you at our next sessions, December 5 and December 12.

Instructor: Genii Rutherford, E-RYT 200

ACA SUP LISUP Yoga, MELT

<http://genii-rutherford.squarespace.com/>

TRIPS PLANNED

12/11/2019, Wednesday NYC, do as you please.

Bus leaves @7:30am, and returns approx. 9:00pm. Cost \$15/\$25. We still have room!!

3/14/2020, Saturday, "RIDE THE TROLLEY," in the St. Patrick's Parade, Albany, NY. After the parade, enjoy a corned beef and cabbage dinner and Irish entertainment at the Menands Fire Hall, Sponsored by the Menands St. Patrick's Club. Trolley, free. Dinner TBA.

3/17/2020, Tuesday, GAVINS, Irish Country Inn. In the heart of East Durham's Catskills.

11AM Guided Tour of Our Lady of Knock Shrine.

12PM Luncheon: Irish Soda Bread, Potato Leek Soup, Entrée Choice: Corned Beef and Cabbage, Chicken Françoise, or Baked Salmon. Dessert: Apple Crisp a la Mode

1-2:30PM St. Patrick's Day Show.

2:30PM-3:30PM departure shopping at East Durham's shops: "Guaranteed Irish," "Irish Tea Shop," and "The General Store."

Cost \$40/50. Bus leaves at 10:00AM, return at 4:00PM.

4/18/2020, "AN ACT OF GOD," Curtain Call Theatre, Latham, NY. Deliriously funny and clever...it takes *An Act of God*, to bring us the "one" with the first and last word on everything, who has finally arrived to set the record straight. After many millenia, and in just 90 minutes, God (assisted by his devoted angels) answers some of the deepest questions that have plagued mankind since creation. Before the play we will eat lunch at "OTIS and OLIVER'S," Latham, NY, Cost TBA.

5/9/2020, Saturday, "HELLO DOLLY," Proctors, Schenectady. Followed by dinner at "THE BARNSIDER," Colonie, NY.

Dinner includes: Salad Bar
Choice of 8 oz. Prime Top Sirloin,
7 oz. Baked Haddock
Chicken Teriyaki,
Choice of Rice Pilaf, Baked Potato or
Vegetable Medley
French Vanilla Ice Cream
Coffee or Tea
Bus leaves @ 1:00pm. Cost: \$90/\$100

6/22/2020, Monday, ESSEX STEAM TRAIN & BECKY THATCHER RIVERBOAT, upon boarding the Pullman dining car. You'll savor a hot lunch that is prepared and cooked onboard. Travel aboard the train as it coasts along the lower Connecticut River Valley and delight in the beautiful sights while you finish your meal.

At Deep River Landing, transfer to the *Becky Thatcher Riverboat* for a cruise on the Connecticut River, bursting with lush scenery and historic sites, such as the famous Gillette Castle. Following your cruise, guests return to Essex Station aboard one of our coach passenger cars.
Cost TBA

8/10/2020, Monday, GLOUCESTER, MA, lobster luncheon cruise around Gloucester Harbor. Lunch: Lobster Buffet, consisting of 1 boiled lobster, corn on the cob, and barbeque chicken.

After the cruise, on to Rockport, Ma., stroll and visit the quaint gift shops on "BEARSKIN NECK," home of Motif #1, a favorite subject for artists, and enjoy the beauty of Cape Ann.
Bus leaves at 7:00AM, returns home 9:30PM.
Cost \$72/82

9/2/2020, "9 to 5," Westchester Dinner Theatre, Elmsford, NY.

Office satire about three female secretaries who decide to get revenge on their tyrannical, sexist boss by abducting him and running the business themselves. The trio, one of whom has been passed over for promotion because she is a woman, spend a night together having drug-induced fantasies of killing the slave-driving chauvinist. One of them panics the following day when she suspects she really has poisoned the tyrant.
Bus leaves 8:30am. Cost \$59/\$69.

10/28/2020, "KINKY BOOTS," Westchester Dinner Theater, Elmsford, NY.

The story of two people with nothing in common – or so they think! Charlie is a factory owner struggling to save his family business. Lola is a fabulous entertainer with a wildly exciting idea. With a little compassion and a lot of understanding this unexpected pair learns to embrace their differences and create

a line of sturdy stilettos unlike any the world has ever seen! But in the end their most sensational achievement is their friendship.

Bus leaves 8:30am. Cost \$59/\$69.

OVERNIGHT TRIP

FINGER LAKES, NEW YORK

May 13-15, 2020

INCLUDES:

2 Nights lodging, 2 Breakfasts, 2 Dinners, including Belhurst Castle,
Rochester Lilac Festival,
Willard Memorial Chapel, Sonnenberg Gardens and Mansion, Wegman's Marketplace,
Finger Lakes Winery tour and tasting,
Scenic Lake Cruise, National Soaring Museum, Finger Lakes Gaming & Racetrack,
Souvenir gift, Luggage handling,
All taxes and meal gratuities,
Motor coach transportation.
Bus leave Menands at 7:00am.
Cost \$410 pp/double, \$599 pp/single & \$395 pp/triple

PRETZEL SALAD, prepared and served by Sheila Hyatt for Gert Kutz's 100th Birthday party, 10/24/19.

2 c. coarsely crushed pretzels	1 c. white sugar
¾ c. melted butter	1 6 oz box strawberry jello
3 T sugar	2 c. boiling water
8 oz. softened cream cheese	2 10 oz. boxes frozen strawberries
1 8 oz ctn. Cool Whip	

Mix first 3 ingredients and pat in 9x13 inch pan. Bake at 350. Cool. Dissolve jello in boiling water and add strawberries. Mix together and let stand 10 minutes. Mix cream cheese, sugar and Cool Whip; spread over cool crust. Pour jello mixture over the cheese layer. Refrigerate until well set. Bon Appetit'

"The cleverest of all, in my opinion, is the man who calls himself a fool at least once a month."

Fyodor Dostoyevsky