



# Menands Senior Scoop

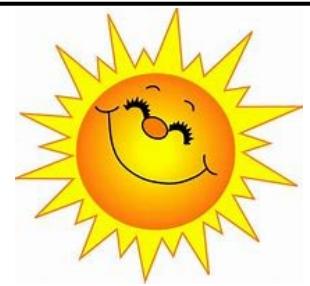
Menands Senior Citizen Club

Since 1973

21 1/2 N. Lyons Avenue

Thursdays, 9am-3pm

MAY 2020



Diane Leonard, President, Debbie Teitsch, Vice President, Sheila Hyatt, Secretary, Dawn Primett, Treasurer

**GOOD NEWS:** We recently received word from TOC Senior Resources, if there is no SPIKE in COVID 19, we can resume Senior activities in September.

Therefore, our first gathering will be on Thursday, September 3, 2020, starting with yoga at 9:30AM. As Seniors in New York State, we are smart, tough, united, disciplined and loving. Whenever we are together, we wear face masks, wash our hands (hand sanitizer is available) and we respect each other's space, if you feel sick or uncomfortable, please stay home.

**\*\*\*Debbie Teitsch, Vice President and Membership Chair**, will be sending 2020 membership cards to every new and renewed member as soon as they are received from the Town of Colonie. *Their office has been closed for COVID 19.*

## JUNE BIRTHDAYS

Annette Audi	6/10
Marion Averill	6/16
Llewana Bagnardi	6/9
Mary Corrado	6/13
Pauline Daigneault	6/22
Mary Ann Forslin	6/28
Verna Gerrity	6/28
Judith Grady	6/14
Mildred Howarth	6/13
Lil Julian	6/27
Marcia Kane	6/22
Pam Kilmartin	6/30
Daniel McAuliffe	6/13
Linda Plowman	6/28
Patricia Recuperero	6/21
Isabelle Simpson	6/14

## JUNE DATES TO REMEMBER

- 6/6 D-Day
- 6/14 Flag Day
- 6/20 Summer Begins
- 6/21 Father's Day

## ANNUAL SENIOR PICNIC IN THE PARK

September 17, 2020, 10:00AM-2:00PM, at Ganser-Smith Park Pavilion, Menands.

Bingo starts at 10:30AM, coffee and donuts will be served.

## LUNCH CATERED BY KRIS' MID-CITY TAVERN

Marinated Chicken Breast, Tossed Salad, Potato Salad, Fruit Salad, Rolls and Butter, Strawberry Shortcake, Coffee, Tea, Iced Tea and Lemonade. Paul Slusar will provide music for toe-tapping.

There will be a share the wealth drawing.

Bring a lawn chair for added comfort.

Please make reservations and pay ahead.

Cost \$15.

## 2020 TRIPS

Almost every trip has been cancelled this year, there are still a few that are uncertain. We'll keep you posted.

We were able to postpone most trips until next year.

If you are signed up for a trip, you will remain on that trip's list. We will not automatically give refunds. If you are not able to make the new date, if you would prefer a refund, please let us know.

6/25/2020, Thursday, ESSEX STEAM TRAIN & BECKY THATCHER RIVERBOAT.

POSTPONED UNTIL 6/24/2021.

7/22/2020, Wednesday, "SHEAR MADNESS,"

Lake George Dinner Theater.

POSTPONED UNTIL 7/21/2021,

8/10/2020, Monday, GLOUCESTER, MA, Lobster Luncheon Cruise around Gloucester Harbor.

POSTPONED UNTIL 8/9/2021

9/2/2020, "9 to 5," Wednesday, Westchester Dinner Theatre, Elmsford, NY.

POSTPONED, FUTURE DATE UNKNOWN.

## TRIPS THAT HAVE NO UPDATE,

10/28/2020, Wednesday "KINKY BOOTS,"

Westchester Dinner Theater, Elmsford, NY.

12/9/2020, Wednesday, NYC, ON YOUR OWN, or

We have a limited number of \$85 tickets for Radio

City, "THE CHRISTMAS SPECTACULAR." First come, first serve.

Bus leaves 6:30am. Cost \$15/25.

#### SOCIAL DISTANCING=CONFINED TO HOUSE

Actually, I've just been talking to the microwave and toaster while drinking coffee, and we all agreed that things are getting bad. I didn't mention anything to the washing machine as she puts a different spin on everything.

Certainly not to the fridge as he is acting cold and distant. In the end, the iron straightened me out as she said everything will be fine as no situation is too pressing. The vacuum was very unsympathetic... told me to just suck it up, but the fan was more optimistic and hoped it would all soon blow over! The toilet looked a bit flushed when I asked its opinion and didn't say anything, but the door knob told me to get a grip. The front door said I was unhinged, and so the curtains told me to...yes, you guessed it.... pull myself together.

#### TEN REMARKABLE CLEANING SOLUTIONS

##### Miracle Stain Remover

Mix 2/3 cup blue Dawn, 2/3 c ammonia, 6 T baking soda and 2 c warm water into a spray bottle.

Spray on stain and let sit for a few minutes. Wash as usual and watch stain vanish!

##### Super Shower Cleaner

Mix equal parts white vinegar & blue Dawn in a spray bottle.

Spray all over shower, let sit for 2 hours. Wipe clean, goodbye scum & rust!

##### Clean Glass Showers

Slice a lemon in half and dip into a bowl of kosher salt, start scrubbing! The citric and salt combination combats pesky shower scum!

##### Dirty Oven Racks

Soak oven racks in bathtub with hot water, 8 dryer sheets (any brand) & 1/2 cup of blue Dawn overnight. Watch build up fall right off!

Use dryer sheets to remove any remaining build up.

##### The Better Oxy-Cleaner

Mix 1/2 c hydrogen peroxide, 1/2 c super washing soda & 1 cup hot water.

Soak laundry in this mixture overnight to erase impossible stains.

##### Wrinkle Release Spray

Mix equal parts fabric softener, white vinegar, and water in a spray bottle.

Spray on fabric and pull slightly, watch wrinkles straighten right out.! You can also put fabric in the dryer after spraying for the same result.

##### Ink Stains

Apply a squirt of Purell to the stain, let sit for 10 minutes.

Wash as usual.

##### Carpet Stain Remover

Mix equal parts ammonia and hot water.

Pour mixture over stain and cover with a clean white towel.

Iron the towel on top of the stain. Watch the stain instantly lift from the rug.

##### Magic Dishwasher Cleaner

Place a cup of white vinegar on the top rack of your empty dishwasher, run a hot cycle (note: make sure to check the trap for any blockage first!

When cycle is complete sprinkle baking soda on the bottom of the dishwasher, run another short cycle.

Your dishwasher smells fresh and clean.

##### Remove Armpit Stains

Mix one-part blue Dawn with two parts hydrogen peroxide'

Pour mixture over stain and let sit for one hour.

You may add baking soda and scrub lightly for extra pesky stains. Wash as usual. Stains will be gone like magic.

STAY SAFE! SOON THIS WILL BE HISTORY!!