

## Menands Senior Scoop

Menands Senior Citizen Club Since 1973 21 ½ N. Lyons Avenue

Thursdays, 9am-3pm JANUARY 2021

Diane Leonard, President, Debbie Teitsch, Vice President, Sheila Hyatt, Secretary, Dawn Primett, Treasurer



### HAPPY NEW YEAR EVERYONE!!

NEW MEMBERS ARE ALWAYS
WELCOME. TO QUALIFY, YOU ONLY
NEED TO BE 55 YEARS YOUNG.
ANNUAL DUES \$5.

2021 membership cards have arrived. They are free to all members on the 2020 roster, due to the Co-vid 19 pause.

You will automatically receive your new card in the mail. If you haven't received a new card, no worries, they are on the way. Our limited supply ran out and we are waiting for additional cards from the Town.

When you do get them, put them in your blue Town of Colonie Lanyard for safe keeping.

### FEBRUARY BIRTHDAYS

Annette Argyros, 2/25

Gary Bagnardi, 2/1

Joan Chapman, 2/17

Mary DeLorenzo, 2/17

Mary Grant, 2/24

Alice Harbour, 2/10

Sissy Horowitz, 2/16

Robert Kuryluk, 2/19

Michael Mackay, 2/21 Kathy McGrouty, 2/15

Joyce McGovern-Miller, 2/1

Marge Morone, 2/3

Wally Potter, 2/12

### **GREETING CARDS SENT**

<u>Get Well:</u> Sally Jones and Diane Leonard <u>Sympathy</u>: Family of Theresa Lazarro

If we missed a birthday, an illness or a member's passing, please contact Diane 518-465-3771 or Debbie 518-487-4583.

# IMPORTANT NOTICE FROM TOWN OF COLONIE SENIOR RESOURCES DEPT.

We are publishing a monthly newsletter. <u>THE SENIOR STARTER</u>, "The Place to Start for Services." the newsletter is informative for all Seniors.

There is a section designated for information from each of the six Clubs. If you would like to submit information for the newsletter and/or would like to receive the newsletter, email Carrie at, BLANCHARDC@COLONIE.ORG

### ONE DAY TRIPS

Here is a list of scheduled trips and the new 20121 dates.

After the first of the year, the dates may change again due to CO-VID.

Any changes will be posted.

If you have any questions, please call Diane, (518) 465-3771.

3/13/2021, THE ST. PATRICK'S DAY PARADE TROLLEY *CANCELLED*, NO PARADE THIS YEAR

<u>3/17/2021,</u> GAVIN'S IRISH COUNTRY INN

<u>6/24/2021</u>, ESSEX STEAM TRAIN & BECKY THATCHER RIVERBOAT.

7/21/2021, "SHEAR MADNESS," Lake George Dinner Theater.

<u>8/9/2021</u>, GLOUCESTER, MA, Lobster Luncheon Cruise around Gloucester Harbor.

<u>12/8/2021</u>, NYC, ON YOUR OWN, or THE CHRISTMAS SPECTACULAR, Radio City Music Hall.

THE DATES FOR WESTCHESTER DINNER THEATRE ARE STILL UNKNOWN.

#### **JUST FOR FUN**

**Quotes and Rules of Life from a 122 year old** woman, Jeanne Louise Clement

### Just in Case You Think You're Old!

- "I'm in love with wine."
- "All babies are beautiful."
- "I think I will die of laughter."
- "I've been forgotten by our Good Lord."
- "I've only got one wrinkle, and I'm sitting on it."
- "I never wear mascara; I laugh until I cry too often,"
- "If you can't change something, don't worry about it."
- "Always keep your smile. That's how I explain my long life."
- "I see badly, I hear badly, and I feel bad, but everything's fine."
- "I have a huge desire to live and a big appetite, especially for sweets."
- "I have legs of iron, but to tell the truth, they're starting to rust and buckle a bit."
- "I took pleasure when I could. I acted clearly and morally and without regret. I'm very lucky."
- "Being young is a state of mind, it doesn't depend on one's body, I'm actually a young girl; it's just that I haven't looked so good for the past 70 years."

At the end of the interview, in response to a journalist who said, "I hope we will meet again sometime next year." She replied, "Why not? You're not that old; you'll still be here."