



# Menands Senior Scoop

Menands Senior Citizen Club

Since 1973

21 ½ N. Lyons Avenue

Thursdays, 9am-3pm

OCTOBER 2021



Diane Leonard, President; Debbie Teitsch, Vice President; Sheila Hyatt, Secretary; Dawn Primett, Treasurer.

Menands Senior Club meets every Thursday, 9:30am-3:00pm, at Bethany Presbyterian Hall, 21 ½ N. Lyons Avenue, Menands, NY.

Chair Yoga with Genii Rutherford starts us off. After Yoga we play games or visit with old and new friends.

Line Dancing has gone South for the winter.

Bingo with Dave Teitsch is every third week.

Business meetings are every fourth week.

November is the exception November's business Meeting is the third week.

## NEW MEMBERS

Joyce Maxwell  
Carol Fournier  
Albert Fournier  
John Holmberg  
Kathy Holmberg  
Susan Babowicz'  
Elizabeth Roach  
Janice Kimberly Lynch  
Elaine Nash  
Joan Muir

## NOVEMBER BIRTHDAYS

Ann DiNuzzo, 11/11  
Cindy DiNuzzo, 11/11  
Kathleen Eaton, 11/30  
Peggy Harbour-Holland, 11/18  
Carol Hogan, 11/19  
Sheila Hyatt, 11/14  
Geraldine Jensen, 11/8  
Mary Johnson, 11/6  
Sally Jones, 11/28  
Barbara Kerwin, 11/2  
JoAnn Maccue, 11/14  
Joan Marsh, 11/19  
David Miles, 11/11  
Jeanne Moseley, 11/25  
Ronald Swing, 11/1  
Corrections and additions should be reported to Debbie Teitsch. 487-4583.

## GREETINGS CARDS SENT

Get Well: Kathy Gizzi

Sympathy: Betty DiNuzzo for her sister Rita Family of Dorothy House  
Jeans Parker for her husband Ted  
Rita Gavin for her brother Arthur

## DATES TO REMEMBER:

November 2, Election Day  
November 3, Trip to Villa Roma  
November 7, Daylight Savings Time Begins, Set clocks back one hour.  
November 11, Veteran's Day  
November 18, Nonagenarian (over 90) Luncheon  
November 18, Business Meeting  
November 25, Thanksgiving Day.

## NONAGENARIAN LUNCHEON

**NOVEMBER 18, 2021**, our fifth annual luncheon celebrating members 90 years of age and older. Lunch will be from POPEYE'S, Troy, NY. Consisting of: Breast of Chicken, Cole Slaw, Mashed Potatoes, Gravy; Coffee, Tea and Dessert. All members and residents are welcome. Cost \$7, 90+ eat free!  
However, you must register and prepay.

## 2021 CHRISTMAS PARTY

THURSDAY, DECEMBER 2, 2021, 12:00- 3:00PM.  
Joseph E. Zaloga, American Legion Post #1520  
4 Everett Road Ext., Albany, NY.  
Ample Parking, Handicapped Accessible  
Menu Choice: Prime Rib of Beef or Filet of Sole with Crab and Scallop stuffing.  
Entertainment: Paul Slusar  
Optional \$10 Unisex Grab Bag  
Share the Wealth Drawing, proceeds to benefit local Food Pantries.  
Cost \$30

## 2022 MULTI-DAY TRIPS

CAPE MAY, NEW JERSEY, \$499 ppdbl

MAY 16-18, 2022

3 Days – 2 nights

\$499. ppdbl

PACKAGE INCLUDES

2 Nights lodging at the Grand Hotels

2 Breakfasts

2 Dinners

Carriage House Exhibit

Tour of the Physick Estate

Trolley Tour of Historic District

Shopping on Washington Street Mall

Dolphin Watch Boat Cruise

Towne of Historic Smithville

Visit to an Atlantic City Casino

Souvenir gift

Luggage Handling

All Taxes and meal gratuities

Motorcoach transportation

MACKINAC ISLAND, MICHIGAN

SEPTEMBER 18-24, 2022

7 Days – 6 Nights

\$919, pp/double, \$884, pp/triple, \$1268, pp/single

PACKAGE INCLUDES:

6 Nights Lodging, including Overnights

6 Breakfasts

1 Lunch

4 Full Course Dinners, including Zehnder's & Antlers

Soo Locks Boat Cruise

Bronner's Christmas Wonderland

Frankenmuth Village Shops

Horse-drawn Carriage Tour of Mackinac Island

Hydro-jet Ferry Ride

Visit to Grand Hotel

Tahquamenon Falls

Great Lakes Shipwreck Museum

Kewadin Shores Casino

Souvenir Gift

Luggage Handling in Michigan

All Taxes & Meal Gratuities

Motor Coach Transportation

SPICED PUMPKIN BREAD

By Mary Sorell

Serve one of these loaves the day you make them. Wrap the other in foil and freeze up to one month so that you'll have it on hand for unexpected guests.

3 cups sugar

1 cup vegetable oil

3 large eggs

1 16 oz can solid pack pumpkin

3 cups all-purpose flour

1 t ground cloves

1 t ground cinnamon

1 t ground nutmeg

1 t baking soda

½ t salt

½ t baking powder

1 cup coarsely chopped walnuts (optional)

Preheat oven to 350. Butter and flour two 9x5x3" loaf pans. Beat sugar and oil in large bowl to blend. Mix in eggs and pumpkin. Sift flour, cloves, cinnamon, nutmeg, baking soda, salt and baking powder into another large bowl. Stir into pumpkin mixture in 2 additions. Mix in walnuts, if desired. Divide batter equally between prepared pans. Bake until tester inserted into center comes out clean about 1 hour 10 minutes. Transfer to racks and cool 10 minutes. Using sharp knife, cut around edge of loaves. Turn loaves out onto racks and cool completely. Makes 2 loaves.

*To attend an event or for Senior questions, contact:*

Diane Leonard, 518-465-3771, [diwewe@yahoo.com](mailto:diwewe@yahoo.com)

Debbie Teitsch, 518-487-4583, [debbt711@aol.com](mailto:debbt711@aol.com)

Sheila Hyatt, 518-436-8839, [sheilamh9@aol.com](mailto:sheilamh9@aol.com)

Dawn Primett, 518-434-0930, [becsma@aol.com](mailto:becsma@aol.com)

VILLAGE OF MENANDS, AMENDMENT TO POLICIES

FOR COVIN-19, PERTAINING TO SENIORS: Senior meetings and trips will go forward (following CDC or DOH guidelines). For these such events, unvaccinated individuals should continue to wear a mask or social distance, but this will be on the honor system and not regulated by the Village of Menands.

*The monthly newsletter, THE SENIOR STARTER, "The Place to Start for Services." is informative for all Seniors.*

*It is published by TOWN OF COLONIE SENIOR RESOURCES DEPT.*

*There is a section designated for information from each of the six Clubs.*

*If you would like to submit information for the newsletter and/or would like to receive the newsletter, email Carrie at, [BLANCHARDC@COLONIE.ORG](mailto:BLANCHARDC@COLONIE.ORG)*

**HAPPY HALLOWEEN!!!**

