



Menands Senior Scoop

Menands Senior Citizen Club

Since 1973

250 Broadway

Thursdays, 9:30am-1:30pm

FEBRUARY 2023



Diane Leonard, President, Debbie Teitsch, Vice President, Sheila Hyatt, Secretary, Jean Parker, Treasurer

MENANDS SENIOR CLUB meets every Thursday from 9:30 am, until 1:30 pm.

IF SCHOOLS ARE CLOSED OR DELAYED for nasty weather, the club is also closed.

Beginning with each week with CHAIR YOGA, instructed by Genii Rutherford. After chair yoga, relax, visit with friends, play mah jongg, rummikub, cards you name it!

Refreshments are available weekly, donated by a member. Beverage is free.

Every month on the 3rd Thursday (bingo day), we have pizza \$2, on the 4th Thursday (business meeting day), we have subs, \$4.

Five-dollar dues are due every January. Dues need to be paid up-to-date before you take any trips.

Debbie Teitsch collects dues and issues membership cards. You can also renew by mail, Debbie Teitsch, 3 Cornell Drive, Menands, NY 12204.

Please enclose a self-addressed stamped envelope to receive your new membership card.

NEW MEMBERS

Danielle Freeman
Melodee Jones
Margaret DeRusso
Pinky Wulf
Maria Corey
Joyce Vita

MARCH BIRTHDAYS

Kim Babson, 3/24
Frank Ciarlone, 3/30
Margaret DeRusso, 3/13
Betty DiNuzzo, 3/7
Candelaria (Candy) Person, 3/1
Nancy Ruppert, 3/23
Mary Sorell, 3/28
Pamela Weis, 3/2
Dottie Wells, 3/11

GREETING CARDS

Get Well, Pat Gianni

To have a card sent to someone, please notify, Debbie Teitsch, 518-487-4583.

3/11/2023, Saturday, Wave to us as we appear in the Albany St. Patrick's Day Parade, from our warm, dry TROLLEY!

After the parade, return to the Menands Fire Hall, for Corned Beef and Cabbage Dinner, Irish Entertainment, and prizes starting at 4:30pm. Cost for seniors \$17.

3/27/2023, GOLDEN ANNIVERSARY

LUNCHEON to celebrate our 50 years of friendships that began in 1973. IL FARO RESTAURANT, 698 N. PEARL STREET.

Menu: House Salad

Choice of Chicken Parmigiana, Eggplant Parmigiana or Spaghetti and Meatballs.

Dessert: Choice of Tiramisu., Brownie with Ice Cream or Cheesecake.

Coffee, Tea or Soda.

Cost \$20.

TRIPS

3/16/2023, Thursday. HUNTERDON HILLS PLAYHOUSE, Hampton, NJ. "Irish Cabaret Variety Show," Featuring: Andy Cooney, The Guinness Irish Band, Irish comedian Mick Thomas, and The Emerald Fire Irish Dancers.

Also featured at Hunterdon Hills Playhouse: Bakery on Premises and an Exquisite Gift Shop.

Luncheon includes: Hot Soup, Corned Beef and Baked Scrod, Rolls & Butter, Vegetable & Potato, Unlimited Dessert Buffet, Coffee & Tea.

Meal taxes and Gratuities.

Primary \$70, Social \$80

5/17/2023, Wednesday, TURNING STONE, Verona, NY.

\$25 Free Play or \$25 Bingo Bucks and \$5 meal credit Cost \$27.

5/23/2023, Tuesday, "JUNIE B. JONES," Sage Theater, Troy, NY.

Who can't remember their first day in kindergarten? This is a light hearted musical about an "almost 6-year-old" and her adventures in kindergarten and first grade. Based on books by Barbara Park.

Pizza and Salad lunch to follow at Deacon Blues, Formerly The Welcome Inn. Watervliet.
Cost: \$20/\$30.

6/6/2023, Tuesday, "IDOLS OF 50's & 60" s, Log Cabin, Holyoke, MA. Lobster Feast. Elvis, Frankie Avalon, Paul Anka, Petula Clark, Connie Francis, and many more, \$65/\$75. ELVIS, FRANKIE AVALON, PAUL ANKA, PETULA CLARK, CONNIE FRANCIS AND MANY MORE.
Cost \$65/\$75

7/20/2023, Thursday, RAQUETTE LAKE, Buffet luncheon cruise. Comfort stops at McDonald's on the way.
Docksider Restaurant, Glen Lake on return.
On your own. Cost of cruise only \$47/\$57.

OVERNIGHT TRIPS

3/31/2023-04/02/2023, WASHINGTON D.C.

PACKAGE INCLUDES:

2 Nights Lodging, 2 Breakfasts
2 Full course Dinners.
Including *Spirit of Washington Dinner Cruise*
Tour of White House
Smithsonian Institution Museums
Tram Tour of Arlington Cemetery
Visit to Memorials: World War II Memorial, Vietnam Memorial, Lincoln Memorial, Korean War Veterans Memorial, Martin Luther King, Jr. Memorial & FDR Memorial
Guided Sightseeing Tour, including the U.S. Capitol & Visitor's Center and U.S. Library of Congress
Reagan Building or Union Station
Visit to Kennedy Center for the Performing Arts
Visit to National Cathedral
Souvenir Gift
Luggage Handling
Taxes & Gratuities Motorcoach Transportation
Cost: \$509 per person double
After \$3,000 grant money is divided equally among all travelers.

8/15-17/2023, SIGHTS & SOUNDS OF LANCASTER, PA. FEATURING "MOSES" AND GETTYSBURG BATTLEFIELD TOUR.

PACKAGE INCLUDES:

2 Nights Lodging
2 Breakfasts
2 Dinners including the Dutch Apple Dinner Theatre featuring "Guys and Dolls,"

Performance of "MOSES," at Sight and Sound Theatre
Tanger outlets in Hershey
Kitchen Kettle Village
Guided Tour of Gettysburg Battlefield
Souvenir Gift
Luggage Handling
Taxes & Gratuities
Motorcoach Transportation
Cost: \$529 per person double occupancy

HAWAIIAN CRUISE/ PEARL HARBOR TOUR

Norwegian, "Pride of the America," cruise, including USS Arizona and USS Missouri
October 21, October 28, 2023.

8 days and 7 nights

Current rates are:

Double occupancy

Inside cabin \$4,470

Outside cabin \$4,740

Balcony cabin \$5,150

Single occupancy

All rates are per p

Inside cabin \$6,280

Outside cabin \$6,820

Balcony cabin \$7,635

All rates are per person, include round trip airfare from Albany, port expenses and taxes and tour of Pearl Harbor on the last day prior to your return flight.

\$250 per person deposit is due March 31, 2023.

Final payment is due June 1, 2023.

Trip insurance is recommended. Call 1-800-388-1470 or <https://nta.aontravelprotect.com>.

You can use a credit card!

Call Diane Leonard for more information 518-465-3771 or 518-527-1504.

ALOHA!

WORTH REPEATING:

IRISH SODA BREAD,

Menands School

3 1/2 c. flour 1 T shortening

4 1/2 t baking powder 1 1/2 c milk

1 t salt 1 c raisins

1 egg 1/2 c sugar

1 T caraway seeds (optional) I always add them
Heat oven to 350 degrees.

Mix all ingredients, place in a 9" greased round cake pan.

Bake for 1 hour.